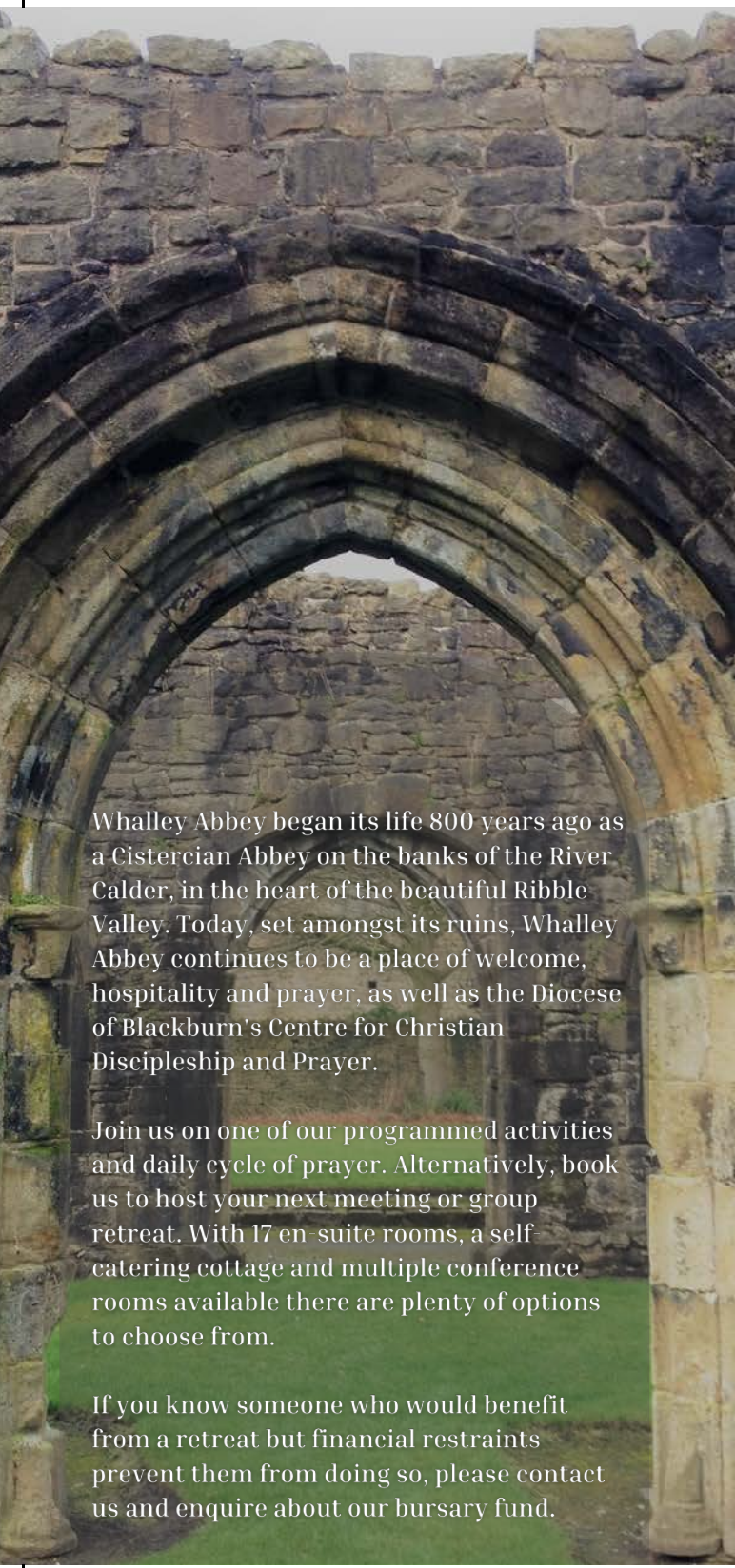


# Retreat Programme 2023/24



Whalley Abbey began its life 800 years ago as a Cistercian Abbey on the banks of the River Calder, in the heart of the beautiful Ribbles Valley. Today, set amongst its ruins, Whalley Abbey continues to be a place of welcome, hospitality and prayer, as well as the Diocese of Blackburn's Centre for Christian Discipleship and Prayer.

Join us on one of our programmed activities and daily cycle of prayer. Alternatively, book us to host your next meeting or group retreat. With 17 en-suite rooms, a self-catering cottage and multiple conference rooms available there are plenty of options to choose from.

If you know someone who would benefit from a retreat but financial restraints prevent them from doing so, please contact us and enquire about our bursary fund.



[www.whalleyabbey.org](http://www.whalleyabbey.org)

[bookings@whalleyabbey.org](mailto:bookings@whalleyabbey.org)

01254 828 400

 [whalley.abbey](https://www.facebook.com/whalley.abbey)

Whalley Abbey, The Sands, Whalley, Clitheroe BB7 9SS

 **Whalley Abbey**

**THE**  
**DIocese**  
**of**  
**BLACKBURN**  
THE CHURCH OF ENGLAND IN LANCASHIRE



# Whalley Abbey

*Encounter, Spiritual Refreshment and  
Growth for all*

Retreat Programme 2023/24



# RETREAT PROGRAMME

## Quiet Days

10am-4pm, £30

A chance to grow in your relationship with God. Includes a two course lunch and refreshments. Please see our website for more details.

### 2023

- Tues 10th October Praying the Ignatian Way
- Tues 7th November Celtic Crosses Prayer Workshop
- Mon 4th December Crafting for Christmas (£40)
- Tues 12th December The Consolation of Waiting

### 2024

- Sat 13th January Breadmaking Retreat
- Wed 14th February Keeping a Holy Lent
- Wed 6th March Women's Retreat - The Still, Small Voice
- Tues 9th April Sacred Chanting Music Retreat
- Tues 7th May Day retreat with Very Rev. Peter Howell-Jones

## Residential Retreats

3 nights, £299

Designed to help you step back and encounter God. Please see our website for more details.

### 2023

- 27th-30th November The Wonder of Stories with Donna Worthington
- 5th-8th December Longing for Light - Advent retreat with Archdeacon David Picken

### 2024

- 19th-20th January Keeping the Balance - One night retreat for clergy and their spouses with Bishop Geoff & Mrs Jean Pearson (£120pp)
- 11th-14th March 'Now that I am free to be myself, who am I?' with Andrew & Wendy Rudd
- 22nd-25th April Creative Crafting Retreat with Rev. Lucie Lunn



## Supper Club

7pm-9.30pm, £30

A series of evenings in the Great Hall beginning with a short topical talk and continuing with an excellent three course meal. Each event finishes with optional Night Prayer in the chapel. Perfect if you are on your own or want to bring a friend.

*Dates and Guest Speakers:*

### 2023

- Thurs 28th September Bishop Jill Duff
- Thurs 26th October Rev. Canon Fleur Green
- Thurs 23rd November Graham Vernon

### 2024

- Thurs 25th January Bishop Tony Porter
- Thurs 22nd February Rev. Michelle Delves
- Thurs 21st March Very Rev. Peter Howell-Jones
- Thurs 25th April Bishop Philip North
- Thurs 23rd May Archdeacon Mark Ireland